



KELLY MCNELIS

AUTHOR | SPEAKER | MESSMAKER

MEET KELLY

Kelly McNelis is the founder of **Women For One**, a global community that supports women in sharing their **stories**, claiming their voices, and making life happen on their own terms. Her grounded, compassionate, and relatable approach has helped thousands of women across the world make life happen on their own terms. Kelly guides professional women to live joyful, passionate lives free of shame and limitation so that they can be more purposeful leaders in their personal lives, their workplaces, and their communities. She is a heartfelt advocate for women who have the desire to step up, speak out, shine, and inspire others.

SPEAKING TOPICS

- Discover your voice and make life happen on your own terms
- Change your life, one story at a time
- Learn how to “adult” by having the hard conversations
- How we can transform shame into vulnerable truth-telling
- Find your power in your imperfections
- Heal the wounds of sisterhood and discover your true tribe

“Kelly clearly shows us that when we free our attention and energy from the need to get it right, we can experience our own pleasure and power in spades.”

—Regena Thomashauer, *New York Times*–bestselling author and founder of The School of Womanly Arts

ABOUT KELLY



Kelly McNelis is the founder of **Women For One**, a global community that supports women in sharing their **stories**, claiming their voices, and making life happen on their own terms. With more than 20 years of experience as a nonprofit and small-business consultant, Kelly travels the world as a speaker, teacher, and facilitator of workshops, guiding people to tap into lives powered by truth. As the founder of Women For One, she has interviewed dozens of internationally renowned changemakers, and has created **courses** and **toolkits** with an emphasis on enhancing the leadership skills of contemporary women in all aspects of their lives. She is the bestselling author of ***Your Messy Brilliance: 7 Tools for the Perfectly Imperfect Woman***, published by Enrealment Press in Fall 2017. Kelly has appeared in numerous magazines, as well as on radio and television; she is featured in the April 2019 issues of *Entrepreneur* and *O!* magazines. Kelly finds daily inspiration in spending time with her husband and children in her home outside of Seattle.

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