

**Women For One Founder Kelly McNelis Releases New Book
on Embracing the Messiness of Life**

Your Messy Brilliance: 7 Tools For the Perfectly Imperfect Woman

Seattle, WA – May 15, 2017 – Kelly McNelis, founder of [Women For One](#), has announced the release of her new book ***Your Messy Brilliance: 7 Tools for the Perfectly Imperfect Woman***. This book is not the typical self-help manual. McNelis provides a practical and down-to-earth road map for women to help them embrace every part of their lives and find power in their imperfections. The book is now available for pre-order and will be released on October 31.

“There are so many things we are expected to be as women and it becomes exhausting trying to achieve that standard of perfection,” said McNelis. “This book is about learning to find passion and purpose in your flaws. It’s about utilizing the tools and power you already have in your life to find creativity and joy in the mess of it all.”

The book outlines seven tools for harnessing your inner power with chapter titles like, “Consciously Cultivate Imperfection,” “Embody Limitless Power,” and “Make a Powerful Choice.”

McNelis uses personal experiences and relatable stories to help women begin the journey to finding their messy brilliance. This is a book for every woman who is tired of hearing all the ways they can perfect their lives to achieve happiness with diets, cleanses, and expensive personal development courses or retreats. She provides practical exercises for diving into your “darkness” and using perceived flaws and shortcomings as opportunities to grow and find your voice.

These are the same tools McNelis has used to empower women globally to share their stories and find their strength within the Women For One community.

“This book combines wisdom from my experiences working with women from all over the world as well as my own personal experiences with grief and healing,” McNelis shared. “I have seen this approach transform the lives of hundreds of women as they reclaim their messy truths.”

Your Messy Brilliance is a unique page-turner that sets itself apart from other self-help books. It offers women a new perspective that can help them stop feeling guilty about their mistakes and start moving forward with their brilliantly messy lives.

It is now available for [pre-order on Amazon](#) for \$18.95.

About Kelly McNelis

Kelly McNelis is the founder of Women for One, a destination for women ready and willing to make life happen. With over 20 years of experience as a nonprofit and small business consultant, Kelly empowers generations of women around the world to build the relationships, community, and confidence they need to achieve their wildest dreams. She travels the world as a speaker, teacher, and facilitator of workshops, helping others tap into lives powered by truth. Kelly’s dedication to truth-telling helps women and men share their

powerful stories with the world. She finds daily inspiration in spending time with her husband and children in her home outside of Seattle.

About Women For One:

Women For One is a global community of women from over 50 countries who have connected through life's messiness and powerful lessons learned along the way. We support women in sharing their stories, claiming their voices, and making life happen. Doing this is the key to discovering our power and our joy—and transforming the world in the process.

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